



“Challenging, exciting, rewarding! By far the best year of my life”

“It is the most rewarding and spiritually nourishing work I have ever done”

“My time at SPEC stretched my potential. I am more positive, more creative and more confident than ever before”

“ Life at SPEC is full of surprises. They just get better and better”

“The difference after SPEC is that I want to know God. Its not just as added extra or something to fall back on”

## Contact Details

# spec

SPEC Centre + The Loft  
All Saints Pastoral Centre  
Shenley Lane, London Colney  
Hertfordshire AL2 1AG  
England  
Phone: +44 1727 828 888  
Email: spec@rcdow.org.uk

# specEast

2 Chandler St  
Wapping  
London E1W 2QT  
England  
Phone: +44 207 680 7600  
Email: speceast@rcdow.org.uk



### OPENING DOORS FOR YOU

Volunteering at SPEC will not just be a rewarding time ministering to children and young people, it will also be a time full of opportunities and experiences for you. It will be a time of personal and spiritual development, and an opportunity to gain valuable skills such as leadership and presentation, group facilitation and management, multi-media development, relationship building and interpersonal skills.

What are past team members doing ?

- Youth Work
- Teaching
- Social Work
- Chaplaincy
- Connexions
- Musicians
- Priests/Religious
- Counselling
- Acting
- Business
- Charity + Justice Work
- Further Study

Please visit

[www.spec.org.uk/volunteering](http://www.spec.org.uk/volunteering)

for more information about volunteering and how to apply.

Thank you to the BIG Spend for funding our drama and archery activities

SPEC is a part of the

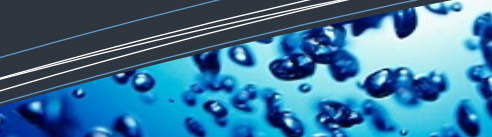


**Diocese of Westminster**

AGENCY FOR EVANGELISATION

Registered Charity: 233699

## Children's + Youth Ministry volunteering



THE PROJECTS

Spiritual Personal Educational Community

COMMUNITY LIVING

We provide board, lodging and £210 pocket money a month plus the opportunity to live, work, eat and pray with up to 25 other young adults from around the world. It is a fantastic opportunity for getting to know yourself and to develop real friendships with others. Being a part of this community is unique — probably unlike anything you have experienced before. Most look back on it as one of the best times in their lives.



SPEC Centre

In the SPEC Centre we work with young people aged 14—25 years of age. We run residential and day programmes, outreach days including drama presentations, week long missions at secondary schools and confirmation retreats. SPEC Centre is located in the grounds of All Saints Pastoral Centre in London Colney, St Albans.



The Loft

We work with children and young people aged 7—14 years of age in the Loft. Our programmes are both residential and day retreats. The Loft is situated at SPEC Centre in London Colney



SPECeast

SPECeast is situated in central east London in Wapping. We work primarily with young people aged 11—18. We run day programmes at the centre, outreach days to schools and parishes, confirmation retreat days and week long missions at schools.

THE WORK— CHILDRENS & YOUTH MINISTRY

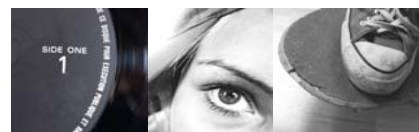
As a volunteer you will be part of team that provides children and young people experiences where they can grow in their faith and relationship with God. We have 3 aims in our children's and youth ministry:

1. To empower young people to live as disciples of Jesus Christ in our world today
2. To foster the total personal and spiritual growth of each young person
3. To encourage them into the life, mission, and work of the Catholic faith community in the world.

OPENING DOORS FOR CHILDREN & YOUNG PEOPLE

The different kinds of experiences for young people that you could be involved in include:

- Drama + Dance + Puppets
- Creative Arts + Craft
- Discussions + Workshops
- Prayer + Meditation
- Outdoor Activities + Games
- Music + Liturgy
- Team building



**SPEC** is a vibrant Catholic Community that delivers creative Children's and Youth Ministry programmes and retreats in the Diocese of Westminster. There are three projects (SPEC Centre, The Loft, and SPECeast) that work with young people and children from schools and parishes from across the Diocese. SPEC aims to create opportunities for children and young people to explore their faith and spirituality.

Our work only happens because of the passion and generosity of those who choose to join our team as volunteers.

- ARE YOU 18-27 YEARS OF AGE?
- ARE YOU A COMMITED CHRISTIAN?
- DO YOU WANT TO WORK WITH CHILDREN OR YOUNG PEOPLE?
- ARE YOU WILLING TO DEEPEN YOUR FAITH?
- DO YOU WANT TO INSPIRE AND TRANSFORM LIVES?

Do you want to volunteer to be part of a community that will create an environment where young people thrive?

